



Life Lines

Dover Church of Christ
Dover, Arkansas 72837-0299
Web site: www.dovercoc.org

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Fear and Regret

By: Pat McAlister

Dover's Ladies' Day, April 25, 2009

When Charlene asked me to give this speech at Ladies' Day, and gave me the topic "Fear and Regret," I thought to myself, "this isn't me!" I like to talk about positive things, not negative things. But, the more I thought about this, the more I thought, "Well, maybe this is me more than I realized."

To begin this, I looked in Strong's Concordance. I have one using the KJV and "regret" is not in there. (Of the thousands of words, regret is not there, not in the KJV, anyway.) If you have one, you know that it is about 2 inches thick, with 3 columns of words on each page, and has 749 pages.

In the dictionary the word "regret" means to feel sorrow or remorse, or to have remorse for something. Or another meaning is to think with a sense of loss, as if it is your fault.

Joyce Walters gave me a quote that she carries in her Bible. It says, "Worry and fear fill today with sorrow and rob tomorrow of strength." Another quote by Corrie ten Boom is "Worry does not empty tomorrow of sorrow – it empties today of strength." A little different look at worry and fear but both are true.

To me, worry and regret are cousins. Regret may not be in the Bible, but "worry" certainly is. When you regret things that have happened in the past it becomes a worry. And all of us know that worry is a sin, because we are not depending on God!

Sorrow looks back, worry looks around, and faith looks up.

Our theme is "Today's moments become tomorrow's treasured memories."

Memories are good. However, when we dwell on the past with regret it is not a treasured memory. To remember one's past is one thing; to dwell on it is another. What can we do about the past?

Absolutely nothing. We should learn from it, but not dwell on it. Don't fill today with worry and sorrow. Sometimes we worry about how we pray. Will the way I want this to turn out, be His will? Often he answers our prayers just the way we wanted. But, many times He just helps us through our troubles. We learn a lesson from them. Whatever way He chooses to answer our prayers, we know He stands by our side! Paul says it exactly right for us, ". . . **for-getting those things which are behind us and reaching forward to those things which are ahead.**" (Philippians 3:13b)

We're human though. We can't keep some of these regrets from popping into our minds. We have problems with our kids. We wonder how we went wrong. How could we have done things a little differently? Our marriage ends. What did we do wrong? What could we have done differently? There are so many regrets we could fill a bucket! But, think about it! Life must go on. We can't change the past, we must move on. We have to learn from these mistakes and not dwell on them.

Dwelling on these regrets keeps us from doing what the Lord has asked us to do. If we have wronged someone, and know we have, we must pray for forgiveness. Jesus said, "**For_if you forgive men their trespasses, your heavenly Father will also forgive you.**" (Matthew 6:14)

Notice the big "if" in this verse. If we expect to be forgiven, we must forgive others. If we hold regrets and grudges, whom does it hurt? It hurts us most of all. Forgive, and an enormous weight will be

lifted from your soul. After we have forgiveness we must go forward. We must, ". . . **press toward the goal for the prize of the upward call of God in Christ Jesus.**" (Philippians 3:14)

A good poem about regretting is: *I Am*

*I was regretting the past
And fearing the future
Suddenly, I heard God speak –*

*My name is "I Am."
He paused, I waited, He said:*

*"When you live in the past,
With its mistakes and regrets,
It is hard, for I am not there.
My name is not 'I Was.'"*

*"When you live in the future,
With its problems and fears,
It is hard for I am not there.
My name is not 'I Will Be.'"*

*"When you live in this moment,
It is not hard for I am here,
For My name is, 'I AM'"*
By Art Knight

Ann Landers quoted an essay by Robert J. Hastings, titled, "The Station." In it he quoted Psalm 118:24. "**This is the day which the Lord hath made; we will rejoice and be glad in it.**" He then says, and I quote, "It isn't the burdens of today that drive men mad. It is the regrets over yesterday and the fear of tomorrow. Regret and fear are twin thieves who rob us of today."

Continued next week –

Lines for Ladies

By Pat McAlister

Memories

The gift of longer life has usually been accompanied by the loss of memories, but we'll be luckier than our grandparents. Besides the new memory-improvement drugs being developed, we've got digital photos and videos and e-mails to recall our best personal moments and the Web to instantly help us remember who sang that song or which year the blizzard hit.

In the past, only nobles could hire scribes to write their histories and artists to depict their deeds. Today, we all have records of our lives to pass on to our descendants, to comfort us as we age, and to remind us, every now and then, to count our blessings.

"It's a Wonderful Life"

By: John Tierney

Reader's Digest, February 2009

This writer gives ten reasons to count our blessings. He wrote, "Tired of doom-and-gloom headlines? Here are ten reasons to be thankful for the times we live in." "Memories" is one of the ten he mentioned.

Memories can be happy or sad. We may remember a loved one long gone. We may have some sad thoughts but most of the time we think of the fond memories. We can even laugh at some things that were sad at the time. Usually, fond memories are what bring a family through the death of a loved one. We think back on happy times, or even hard times. Some of the hard times were the best of times. They made us stronger.

He is correct about the news causing doom-and-gloom. Catastrophes and terrible news make the headlines. Good news is seldom reported. This doom-and-gloom can cause bad attitudes. It's hard to be optimistic when all we hear about is gloom.

Concentrating on all the bad will hinder us from counting our blessings. Even if we don't hear about it, there are good things all around us. We have so much for which to be thankful. God has been good to us.

Remember Our Sick

Clara Hefley - chemo/radiation treatments.

Sarah Ensey - knee surgery May 27th.

Larry Freeman - very serious health problems.

Janette Litch - found cancer cells, starting new treatment

Becky Miller - biopsy, benign.

Helen Moore - cancer, complications.

Christine Sheeran - test run, benign.

Sherry Strick - Brain tumors.

David Walters - in Baptist Hospital, complicated health problems.

Alayna Williams - surgery successful, home recovering.

Shut-ins - need prayers and visits:

Dover Area: **Evelyn Burton**
Robert Lee

Russellville Nursing & Rehab Center:

Joyce Austin
Evelyn Driver
Lorene McNutt

Stella Manor:

Louise Killer

Others Who Need Our Prayers:

Yvonne Adkisson, Amie Barkley, Betty Bailey, Iris Bates, Bob/Carolyn Bennett, Susie Boley, Troy & Rachel Curtis, Jeff Davis, Pauline Dale, Barbara Dawson, Charles Ensey, Rhonda Freeman, Carol Graham, Sue Griffin, Pat Holloway, Carl Keathley, Joe Kline, Rose Lee, Daniel Loper, Linda Melton, Julie Moss, Kristen Nordin, Mary Ann Rutherford, BJ/Don Sheeran, Reedie Smith, Tanya Smith, Juanita Townsend and Judy Will.

Expected Mothers: Christine Williams delivered a beautiful, healthy, baby girl, Emmy Michelle, May 5, 2009

Special Children: Zeke Church, Garrett Hogan, Tiffany Knight, Elysia Lee, Keith Martin, Zackary Shelton and Noah Williams.

Our Military: D. J. Bandy, Jr., Travis Coe, Byron Lee, April Morgan and Billy Joe Ralston.

Memorial Day "Taps"

Each year on Memorial Day, the strains of "Taps," a haunting melody first heard in 1862, echo throughout our nation.

According to officials at Arlington National Cemetery, "Taps" was composed by Civil War Brigadier General Daniel Butterfield of the Army of the Potomac, who disliked the "extinguish lights" tune at the time.

He summoned his bugler, Private Oliver Wilcox Norton, and whistled a new tune. After some work by both men, it was used for the first time that night.

Buglers from nearby brigades copied the melody, and eventually it became the new lights-out call for the entire Army of the Potomac.

In 1863 it was adopted by all the Union Army and is now used by the Army, the National Guard and veterans' organizations to signal the end of the day and, at military funerals to say goodbye to a fallen comrade.

Pray for our veterans who are serving in nations away from home and our service personnel at home.

Congratulations to the 2009
graduates!!

CAMP CAUDLE DINNER

Friday, June 5th, 6:00 PM,
at Camp Caudle, top floor
of the new dining hall.

Cost: \$50.00 per person.

Evening of great food,
Entertainment featuring:
Zac George of Acappella ministries.

Please call Lee or Andrea Henson to
purchase tickets, 479-331-4924.

Events

Dover Church of Christ Children's Church

Every Sunday
11:15 - 12:00 Noon
Ages 4 thru 8
Bible Story and
Activities
Ages 1 thru 3
Nursery Class

Camp Caudle

Registration has started!
Forms are in our foyer. You
can also register online:
www.campcaudle.org

Camp Sessions are as follows

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Servant Week: May 31st thru June
6th, ages 13 and up.

Day Camp: June 8th thru 12th,
First Grade thru 6th.

Mars Hill : June 14th thru-20th,
ages 10-18.

Junior Week: June 21st thru 27th.
Third Grade thru 6th.

Music Week: July 5th thru
11th, ages 14 and up.

Living Stones Week: July 12th
thru 18th, ages 14 and up.

Teen Week: July 19th thru 25th, 13
years by October 1st to High
School graduates.

Registrations: mail to Camp
Caudle, POB 1311, Dover, AR
72837

Mark Your Calendars

5th Sunday Celebration,
Fish Fry,
Acknowledging
2009 Graduates

Sunday 5:00 PM
May 31st

Dover's Young Men will do
the Evening Services

Petit Jean Campout

June 5th thru June 7th
Friday – Sunday
See Sid or Karen Womack for
more info.

Sign-up sheet to follow.

If you're interested in going,
please let Sid or Karen know.

Men's Business Meeting
Monday, June 1st, 7PM
Dover Church of Christ

Dover Men's Devo
Thursday, June 11th
7:00 PM
Host: Micah Williams

June Birthdays

01 Sandra Boatright
02 Chase Chance
Liliya McDaniel
03 Allen Veasman
04 Michelle Helton
Jeff Myers
05 Eugene Qualls
07 Bob Bennett
10 Leanna Mullins
11 Joe Miller
12 Ashlee Wilson
14 Kenna Rae Jackson
19 Dmitri McDaniel
21 Caitlyn Straight
22 Nina June Qualls
25 Ashley Anderson
Pat Holloway
Iris Lawley
28 Tanya Smith
Joyce Walters

If we missed your birthday, *please*
let us know so it won't happen
again.

Dover Ladies Night
4th Thursday,
June 25th, 7PM

Hostess: Sandra Boatright
Please note the date change

Vacation Bible School
June 22 thru June 24
Dover Church of Christ
See Kim Miller For Details!

THOSE TO SERVE

May 31, 2009

Sunday A.M.

Announcer: Randall Walters
Song Leader: Merrell Shoptaw

Prayers

Jim Killer
James Chadwick

Communion

Podium: Donny Forehand
Serve: Gary Williams
Kevin Nordin
Larry Mahan
Lee Henson

Scripture Reading

Earl Stamps

Sunday P.M.

Prayers

Gary Williams
Earl Whitted

SPEAKER

Sunday A.M.

Micah Williams

Sunday P.M.

“Young Men”
Fish Fry
2009 Graduates

Prepare Table for Communion

Tristan Stamps/Janie Beck

Communion to Shut-Ins

Merrell Shoptaw

Greeters

The Elders

Wednesday Night

Devotional

June 03, 2009

Earl Whitted

Meeting Times

Sunday Morning Bible Classes

9:45 A.M.

Sunday Morning Worship

10:45 A.M.

Sunday Evening Worship

6:00 P.M.

Ladies Tuesday Bible Class

10:00 A.M.

Wednesday Bible Classes

6:30 P.M.

Minister: Micah Williams

Church Office: 479-331-3428

Or Cell: 479-264-9244

Elders:

William Boley 858-7131
Jim Killer 331-2802
Allen Veasman 331-2156
Sid Womack 967-2367

Deacons:

Chris Besterfeldt
Donny Forehand
Brent Hottinger
Chris Loper
Rex McDaniel
Chris Moss

Nursery Attendants:

Sunday Class: JoAnn Killer
Sunday Church: Pat McAlister
Kaeli Miller

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Dover Church of Christ
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